

# Sample Menu's

## Sunday

### *Breakfast*

Grilled Local Back Bacon, served with plum tomatoes

Cereals and Toast

### *Lunch*

Traditional Sunday Roast, choice of 2 meats accompanied with all the trimmings, followed by a choice of desserts



### *Supper*

Soup of the Day

Assorted Sandwiches

Homemade Cake

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# Sample Menu's

## Monday

### *Breakfast*

Poached Eggs on Toast

Cereals or Porridge



### *Lunch*

Faggots, Mashed Potato and Garden Peas, or poached white fish

Dessert

### *Supper*

Cheese on Toast

Assorted Sandwiches

Jam Tarts

# Sample Menu's

## Tuesday

### *Breakfast*

Fresh fruit



Cereals or Porridge

Toast and Marmalade or Jam

### *Lunch*

Braised Beef, in onion gravy, choice of potatoes  
and fresh vegetables or Cheese & Potato Pie, with baked beans

### *Supper*

Beans or Mushrooms on Toast

Assorted Sandwiches

Homemade Cake

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# Sample Menu's

## Wednesday

### *Breakfast*

Full Cooked Breakfast



### *Lunch*

Home cooked ham, with hand cut chipped potatoes, parsley sauce and garden peas

Homemade Quiche, served with boiled potatoes,

salad or vegetables

Lemon Cheesecake

### *Supper*

Soup of the Day

Assorted Sandwiches

# Sample Menu's

## Thursday

### *Breakfast*

Sausage, Poached and Beans

### *Lunch*

Liver in a rich onion gravy, or pork loin chops served with mashed potato, carrots and broccoli

### Dessert

### *Supper*

Soup of the Day

Assorted Sandwiches

Homemade Scones



# Sample Menu's

Friday

*Breakfast*

Scrambled or Poached Eggs on Toast

Porridge or Cereals

*Lunch*

Hand Battered Fish, served with home cooked chips and mushy peas



Or

Home cooked meat pies, with mashed potato and seasonable vegetables

Dessert

*Supper*

Cheese on Toast

Assorted Sandwiches

Homemade Cakes

# Saturday

## *Brunch*

Grilled Local Back Bacon, Sausages, Tomatoes, Black Pudding, Hash Browns and Poached / Fried or Scrambled Egg

## *Supper*

Buffet

Assorted Sandwiches

Homemade Cakes



Assorted Sandwiches

Homemade Cake

**All of the above are subject to change and all menu's can be adjusted to meet dietary or religious needs, we always provide a second choice as standard.**

**There is a plentiful supply of hot and cold drinks served throughout the day.**

**In addition to these menu's we also have regular themed dinners / suppers**

**Chinese**

**Italian**

**Bavarian**

**Indian**

**We also have get togethers for sporting events, we serve buffet type foods including, hot dogs and ham burgers, afternoon tea with cucumber sandwiches and a favourite of all the residents 'spam' sandwiches.**

**Families are welcome to join in on any of these events**

